

SCHOOL PHYSICAL RESOURCE REQUIREMENTS

2025 Sport, Fitness and Recreation Programs

The tables below outline the Sport, Fitness and Recreation program-specific physical resource requirements (including 'access to client' requirements) required of the School (Third Party).

SCHOOL PHYSICAL RESOURCE REQUIREMENTS	2025 Sport, Fitness and Recreation Programs					
	Short Courses	Certificate Programs				
	Introduction to Sport Introduction to Fitness Sports Emergency Management*	SIS20321 Certificate II in Sport Coaching	SIS20122 Certificate II in Sport and Recreation	SIS30521 Certificate III in Sport Coaching	SIS30122 Certificate III in Sport, Aquatics and Recreation (with optional SIS20122 Certificate II in Sport and Recreation)	SIS30321 Certificate III in Fitness (with optional SIS20122 Certificate II in Sport and Recreation)
Sport and Recreation facilities, equipment, and access to participants – located at the school.						
Equipment:						
1. Personal computers with word processing software (e.g. Microsoft Office - documents, spreadsheets, and presentations), internet access and browser, PDF reader, email application, ability to record/upload photo and video evidence.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Activity-specific resources and equipment appropriate for: one or more specific sports plus one or more specific recreation (non-sporting) activities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3. Repair equipment and maintenance tools, equipment, and consumable resources (e.g. ball pumps, cleaning equipment); including access to: manufacturer instructions for repair and maintenance of activity equipment, template repair and maintenance records, reports and fault.	N/A	N/A	<input checked="" type="checkbox"/>	N/A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Emergency Equipment:						



1. Workplace Health and Safety (WHS) equipment and resources, including Personal Protective Equipment (PPE) relevant to the workplace.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Communication equipment (e.g. mobile phone, two-way radio) for emergency response.	<input checked="" type="checkbox"/> *	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	N/A
3. First aid kit - equipment and consumables suitable to replicate industry standards of operation.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4. Emergency and rescue equipment specific to the recreation activity and environment – including, but not limited to, communication equipment, PPE, whistles/torches.	N/A	N/A	<input checked="" type="checkbox"/>	N/A	N/A	N/A
Facilities/People:						
1. Sport-specific training or competition environment e.g. facilities such as sporting fields, sports halls.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Facilities and events where a range of sport-specific officiating and coaching activities can be conducted by students.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3. Access to individuals (these individuals may be class peers who participate in simulated activities, set up for the purpose of assessment) with whom the student will interact to respond to conflict.	N/A	N/A	N/A	N/A	N/A	<input checked="" type="checkbox"/>
4. Access to 'coach supervisors and foundational level participants'.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
5. Access to 'as primary school (or junior secondary) participants' for the two consecutive community sessions.	N/A	N/A	N/A	N/A	<input checked="" type="checkbox"/>	N/A
6. Access to 'coach supervisors and intermediate level participants'.	N/A	N/A	N/A	<input checked="" type="checkbox"/>	N/A	N/A
Policies and Documentation:						
1. Workplace Health and Safety (WHS) emergency response and first aid procedures for one or more specific sports.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

*Sports Emergency Management Short Course only

SCHOOL PHYSICAL RESOURCE REQUIREMENTS

Additional Requirements specific to the SIS30321 Certificate III in Fitness

(with optional SIS20122 Certificate II in Sport and Recreation - see resource requirements above)

Sport and Recreation facilities, equipment, and access to participants – located at the school.

Exercise Equipment:

1. A variety of exercise equipment (including those for resistance, flexibility, cardio training, and strength training).

Fitness Assessment Equipment:

- | | | |
|---|----------------------------|---|
| 1. Tape measures (such as a stadiometer to measure height). | 2. Sit and reach tools. | 3. Stationary bicycle, treadmill or rowing ergometer. |
| 4. Heart rate monitors. | 5. Blood pressure monitor. | 6. Body weight scales. |
| 7. Stop watches. | | |

Facilities/People:

1. An operational gym including
 - a. A variety of exercise modes (including with and without equipment).
 - b. A range of exercise equipment including cardiovascular, resistance and flexibility.
 - c. A variety of exercise areas including resistance, cardio, flexibility, circuit and outdoor.
2. Adequate space to cater for groups/multiple trainers (indoors and outdoors).
3. Offer or have access to Fitness-related programs and services.
4. **Access to Adult (age 18+ years) and Older Adult (age 55+ years) Clients - Terms 6 and 7***

The School (Third-Party) must have access to the following adult and older adult clients – with all 9 sessions, instructed by each student, undertaken on school premises (or an external fitness facility as arranged by the School) - for practical assessment purposes and assessed by the Binnacle Program Deliverer.

6 x 1-ON-1 GYM-BASED SESSIONS: Each student is required to instruct six gym-based sessions (minimum session duration of 30 minutes) for the following individual clients in Term 6 (adults age 18+ years) and Term 7* (adults age 18+ years and older adults age 55+ years):

- a. 1 x female adult (age 18+ years) – minimum of 2 sessions
- b. 1 x male adult (age 18+ years) – minimum of 2 sessions
- c. 1 x older adult (age 55+ years) – minimum of 2 sessions

3 x GROUP EXERCISE SESSIONS: Each student is required to instruct three group exercise sessions (minimum session duration of 45 minutes) for the following client groups (with a minimum of 6 participants in each group) in Term 6 (adults age 18+ years) and Term 7* (adults age 18+ years and older adults age 55+ years):

- a. **A group that is predominantly comprised of female adults – minimum of 1 session**
(i.e. a minimum of 6 participants with at least 4 x female adults)
- b. **A group that is predominantly comprised of male adults – minimum of 1 session**
(i.e. a minimum of 6 participants with at least 4 x male adults)
- c. **A group that is predominantly comprised of older adults – minimum of 1 session**
(i.e. a minimum of 6 participants with at least 4 x older adults aged 55 years or over)

SCHOOL PHYSICAL RESOURCE REQUIREMENTS

2025 First Aid

SCHOOL PHYSICAL RESOURCE REQUIREMENTS	2025 Sport, Fitness and Recreation Programs			
	Short Courses		Certificate Programs	
	Introduction to Sport	Introduction to Fitness	Sports Emergency Management + First Aid	SIS20122 Certificate II in Sport and Recreation
				<p style="text-align: center;">SIS20321 Certificate II in Sport Coaching</p> <p style="text-align: center;">SIS30521 Certificate III in Sport Coaching</p> <p style="text-align: center;">SIS30122 Certificate III in Sport, Aquatics and Recreation*</p> <p style="text-align: center;"><small>(with optional SIS20122 Certificate II in Sport and Recreation*)</small></p> <p style="text-align: center;">SIS30321 Certificate III in Fitness</p> <p style="text-align: center;"><small>(with optional SIS20122 Certificate II in Sport and Recreation*)</small></p>
First Aid training equipment				
If the First Aid competency will be delivered via the Binnacle Program – refer to mandatory items in table below	N/A	☑	Optional	☑



FIRST AID & CPR School Physical Resource Requirements

First Aid training equipment – located at the school:

CPR Equipment:

1. Adult CPR Manikins (1 per 4 students required).
2. Infant CPR Manikins (1 per 4 students required).
3. Automated External Defibrillator (AED) Trainer (1 per 4 students required).
4. CPR Face Shield or Clean Face (1 per student required).

Asthma and anaphylaxis Equipment:

1. EpiPen Trainers (1 per 4 students required).
2. Asthma Puffers - Placebo (1 per 4 students required).
3. Asthma Spacers (1 per 4 students required).
4. Asthma Spacer Mouthpieces (1 per student required).

General Equipment:

1. Resources used for creating simulated environments containing hazards for conducting observation assessment.
2. First Aid Kit - Workplace Compliant and Fully Stocked (1 per class).
3. Triangular Bandages (1 per student required).
4. Roller Bandages (1 per student required).
5. Alcohol Wipes (1 tub per session required).
6. Gloves S, M, L (1 box of each size required).
7. Spare Clean Bandage/Slings (assortment).
8. Pillows and Blankets (assortment).

If you require any of the First Aid training equipment above, click on the following link to source these items at discount prices. [VISIT BINNACLE SHOP](#)

SCHOOL PHYSICAL RESOURCE REQUIREMENTS

2025 Business and Tourism Programs

The table below outlines the Business and Tourism program-specific physical resource requirements (including 'access to customer' requirements) required of the School (Third Party).

SCHOOL PHYSICAL RESOURCE REQUIREMENTS	2025 Business and Tourism Programs				
	Short Courses	Certificate Programs			
	Inclusivity and Communication in the Workplace + Technology in the Workplace + Financial Literacy	BSB20120 Certificate II in Workplace Skills	SIT20122 Certificate II in Tourism	BSB30120 Certificate III in Business	Dual Qual: BSB30120 Certificate III in Business + SIT20122 Certificate II in Tourism
Business-related facilities and resources – located at the school.					
Equipment:					
1. Personal computers with word processing software (e.g. Microsoft Office - documents, spreadsheets and presentations), internet access and browser, PDF reader, email application, ability to record/upload photo and video evidence.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Presentation equipment used to present information to a group e.g. audio-visual equipment.	N/A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Facilities/People:					
1. Simulated or real workstation for practical projects and observation assessment related to WHS and ergonomics. Note - for Tourism courses this must be a simulated ergonomic office environment (Tourism-related) and workplace equipment including front desk	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>



2. Suitable facilities and functional spaces for hosting events and practical projects e.g. expos, market stalls.	N/A	N/A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3. Access to 'customers' for events and projects.	N/A	N/A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Documentation and Policies:					
1. Access to school workplace health and safety (WHS) and risk management procedures	N/A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2. Key health and safety equipment and/or aids	N/A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Tourism Courses Only Recommended: Facilitating a Student Industry Discovery Day at a Tourism-related workplace.					
Students participate in a minimum of one industry discovery day (Tourism-related), preferable in Semester 1.	N/A	N/A	<input checked="" type="checkbox"/>	N/A	<input checked="" type="checkbox"/>